

CALLED TO SERVE THE SICK



Sickness and the pain of illness are part of our lives. It could be the actual pain; or the frustration of not being able to do what we used to do; or the experience of having to rely on other people.

The theme for this year's 34th World Day of the Sick, chosen by Pope Leo XIV is: "*The compassion of the Samaritan: loving by bearing the pain of the other*". Focusing on the Gospel figure of the Samaritan who cares for the man who fell into the hands of thieves, we are reminded of our call to love our neighbour. Like the Good Samaritan that bent down to help the injured man along the road, the Christian community is also called to stop and help those who suffer and be witnesses of closeness and service to the sick and most vulnerable.

Support:

Mass with Anointing of the Sick: Tuesday 10th March at 11.00am. [This Mass is for everyone especially the sick and elderly]

- ◆ During Lent Fr. Anthony will be visiting the sick and housebound. If you, or if you know of anyone who is in need of a visit, please contact Fr. Anthony or the Parish Office [020 8904 6031].
- ◆ If you are a carer looking after family suffering with Dementia [including Alzheimer's] the Wembley Dementia Carers Support Group meets in the Parish Hall and on line. For further information please contact Frank Arrojo on 07867 903917 (email frankj.arrojo@gmail.com).
- ◆ ***In case you are admitted to hospital.....***

In the light of data protection please indicate **on entering hospital** that your details are to be passed to the RC Chaplain. Also state that you would like the RC Chaplain to visit you.

CONTACTING THE CHAPLAINCY

Sunday-Friday: 8.00am-4.00pm 020 8967 5130

To leave a voicemail, please include patient's name, religion and the ward when available on hand or email: LNWH-TR.CHAPLAINCY@NHS.NET

PRAYER



Through prayer we show our need of God, and that we believe in His power. Prayer means saying: "I am not self-sufficient, I need you, You are my life and my salvation." When praying we present ourselves before God, who knows our needs and is full of love towards us, and our relationship with Him grows.

Weekday Masses: Monday, Tuesday, and Wednesday 9.30am. Friday: 9.30am and after the 6.30pm Stations of the Cross.

Sunday Masses: 10.00am and 11.30am. Saturday Vigil: 5.30pm.

Stations of the Cross: Weekdays [except Thursdays and Saturdays] at 9.15am. Friday evening at 6.30pm.,

Exposition of the Blessed Sacrament:

Wednesday after 9.30am Mass. This is an opportunity to pray and reflect in the presence of Jesus in the Blessed Sacrament. During the exposition we will be reflecting on the theme "We Dare To Ask". There will be Benediction at 11.00am.



PRAYER

Lord God, open our eyes, that we might not cross the road from human need. Give us a deep love for you that we might see your love at work in this world, and that we might go and do likewise. We ask this through Christ our Lord. Amen.

St. Erconwald's Church

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Website: <https://www.erconwald.org.uk>

Microsite: <https://parish.rcdow.org.uk/wembley3/wembley3@rcdow.org.uk>

Streaming: <https://www.churchservices.tv/wembley3>

Parish Priest: Fr. Anthony Psaila

A LENTEN JOURNEY 2026

AN INVITATION AND WELCOME.



A very warm welcome.

We are delighted to offer you this leaflet which we hope you will find interesting and helpful.

During this Lent we are, once again, invited to go on our Lenten journey. We are invited to fasting and abstinence; to works of self-denial; to personal and communal worship, and to reach out to those who are less fortunate than us. In this way this journey becomes for us a time of grace, conversion, renewal and healing. This time of Lent will also be a time of hope, towards the new life of Easter.

Outlined here are some opportunities that are offered during this Lent in our parish of St. Erconwald and also in the Diocese of Westminster.

We Dare To Ask is a resource featuring five sessions on the theme of our Baptismal Vocation. Each session includes scripture, prayers and a reflection with questions. As we prepare to renew our baptismal promises at Easter, let us explore the depth of what baptism truly means.

Week 1: Created in Love, Made in God's Image

Week 2: Love Rejected, the Mercy of God

Week 3: Jesus the Bridge of Mercy

Week 4: Living in Christ, Guided by the Spirit

Week 5: Part of the Family of God

The rediscovery of the value of one's baptism is the basis of the missionary commitment of every Christian ... he who lets himself be fascinated by Christ cannot do without witnessing the joy of following in His footsteps. [Pope Benedict XVI].



Thank you for your support and have a good Lent.

ALMS-GIVING

Lent Fast Day: **Friday 27th February**

CAFOD just one world Will you do something amazing this Lent Fast Day? This Lent you can live simply so that others can simply live. Please visit www.cafod.org.uk/lent

Challenge yourself and take on **The Big Lent Walk!** Walk when and where you choose over 40days, alone or with friends. Raise money to help people as they overcome poverty.

St. Lawrence's Larder" [Christ Church, Brondesbury NW6]

St. Lawrence's Larder provides a warm welcome and fresh food for those who struggle to make ends meet in the community and beyond. For more information contact: info@laurenceslarder.org.uk



THE PASSAGE

THE PASSAGE to ending homelessness Our mission is to provide resources which encourage, inspire and challenge homeless people to transform their lives. Visit: www.passage.org.uk

Lenten Appeal 2026:

Please support the Lenten Appeal 2026
Funds raised this year will be shared between the four pillars of the Lenten Appeal: Marriage & Family Life; Youth & Evangelisation; Education and Social Action.

Caritas:

Has a service to support and develop volunteering in the diocese. Please visit the website

www.caritaswestminster.org.uk/volunteer where you can find a role for you. Alternatively contact us directly by emailing caritasvol@rcdow.org.uk or by telephone 0207 798 9063 or 077 3818 3833.



FASTING AND ABSTINENCE

Ash Wednesday 18th February, and Good Friday 3rd April, are days of fasting and abstinence. On these days the Church asks us to abstain completely from eating meat and enter into the mystery of Christ's passion and death by fasting. **Each Friday** throughout the year, we recall the events of Good Friday by fasting in some way.



WORKS OF MERCY

are practices which Christians perform as an act of both penance and charity.

Corporal Works of Mercy: to feed the hungry, give drink to the thirsty, clothe the naked, welcome the stranger, heal the sick, visit the imprisoned, bury the dead.

Spiritual Works of mercy: to counsel the doubtful, instruct the ignorant, admonish sinners, comfort the afflicted, forgive offences,

Suggestion: Either commit to memory the corporal and spiritual works of mercy, or read more fully the teachings of a Saint renowned for mercy. Use these as an inspiration for your own life of mercy.

REPOSITORY

We have a wonderful selection of books, booklets and leaflets available in the Repository. Chief amongst these "The Bible", children's and adults. "Stations of the Cross" and "Rosary books" and many Lenten Books. Perhaps you might consider purchasing a monthly magazine such as "The Sacred Heart Messenger" or "St. Martin" [Please contact: Elizabeth Patten or Agnes Tiernan]. Please feel free to come and have a browse or consult our staff about your requirements.

All holy Father, you have shown us your mercy
and made us a new creation in the likeness of your Son.

Make us living signs of your love

for the whole world to see.

We ask this through Christ our Lord. Amen.

THE SACRAMENT OF MERCY

Lent is a time when we examine the way we live, look beyond the surface and see once more God's presence in the world.



We are all sinners. But God offers us unconditional love: love that we cannot earn, or buy, only receive. God wants us to be free of whatever weighs us down, whatever mistakes or wrong judgements we have made, whatever holds us back from loving ourselves and others with open and generous hearts.

RITE OF PENANCE



Saturday between 4.30pm and 5.00pm.

Service of Reconciliation with Absolution: Friday 27th March at 7.00pm.

It will be good if everyone received the Sacrament in this Season of Lent

During Lent there will be a series of talks based on "We dare to ask". Looking at ways of living our baptism, reflecting more on the fact that as baptized, we are called to grow daily in becoming more like Christ as we journey towards our heavenly Father.

Week 1: Created in Love - Images of God

Week 2: Love Rejected – Sin and Reconciliation

Week 3: Jesus the Bridge of Mercy – Parables and Miracles

Week 4: Living in Christ - Prayer

Week 5: Part of the Family of God – The Church

The talks take place on Wednesday evening 7.00 – 8.00pm in the Parish Hall. All are welcome.

The Catholic Church is made up of saints and sinners. We are called to be holy, but are part of a broken family, made up of fragile human beings who are trying to be good and more Christ-like. You and your story can help us to do this. The Church always needs renewal. Your contribution is very valuable as are your God-given gifts, and we are incomplete without them.

